

**Freitag**

**Donnerstag**

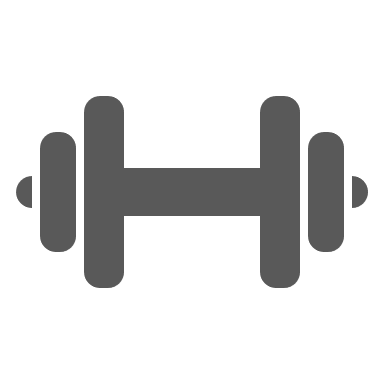
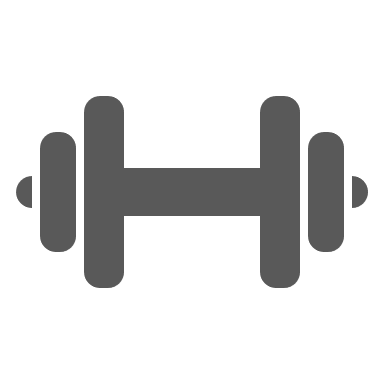
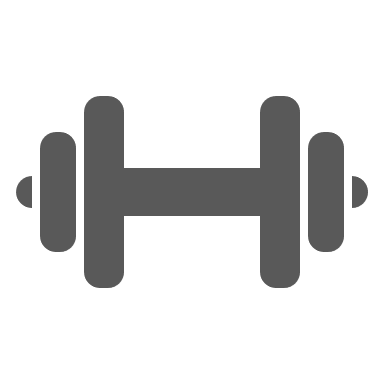
**Mittwoch**

**Dienstag**

**Montag**

**Kursplan**

***Termine für Personal Training, Inbody und Kinesio Taping nach persönlicher Absprache***



***19:30 Uhr***

*Pilates*

*Personal Training*

*Personal Training*

*Personal Training*

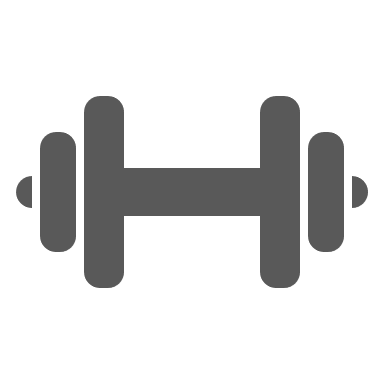
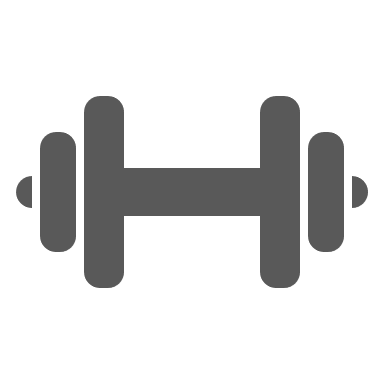
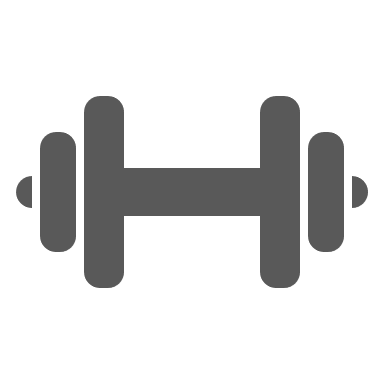
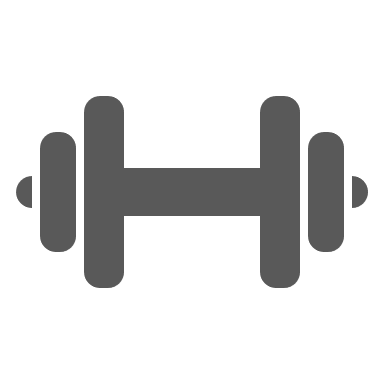
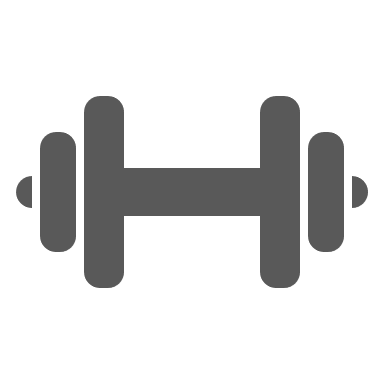
***Ab 08:45 Uhr***

*Baby-schwimmen*

*Personal Training*

***19:30 Uhr***

*Core Killer*



***19:00 Uhr***

*Fatburner*

